



"Alton Old Home Week Virtual 5K"
August 8th - August 16th, 2020

Creating Community Through People, Parks and Programs

PO Box 659, Alton, NH 03809 • 603.875.0109 • fax: 603.651.0728 • parksrec@alton.nh.gov • www.alton.nh.gov

Please complete ALL information legibly. Full payment is due at the time of registration. Checks should be made payable to "Town of Alton" and mailed to PO Box 659, Alton, NH 03809 or dropped off at the Alton Parks and Recreation office located at 328 Main Street (AVAS Public Park) on Route 11 across from Levey Park. Please do not send cash.

First Name: Last Name: MI:

Mailing Address:

Best Phone Contact #: ( ) - Gender: Date of Birth:

Email: Age on 8/8/2020

This year's Long Sleeve Cotton/Poly-Tech shirt will be Carolina Blue with the 2020 Race Logo Printed. You must register by 7/20 to receive the free cotton long sleeve. After 7/20 participants will not receive a shirt, but can still participate in the virtual event.

PLEASE CHOOSE ONE SHIRT AND ONE SIZE ONLY

Cotton Shirt size if \$15 registration fee paid by 7/20

YS YM YL S M L XL

Poly-Tech shirt size if \$20 registration fee paid by 7/20

XS S M L XL

Please Circle Option

Pick-up Delivery

Virtual Race!

Live Tracking!

Wicked cool Shirt!

Same Official Course!



Waiver and Release of Liability

Participation in The Alton Old Home Week Virtual 5K may involve risk of injury including, but not limited to, sprains, torn muscles, cramps and heat exhaustion. By signing this form as a participant or parent/guardian, I attest and verify that I have full knowledge of the risks involved, and that I am, or my child is, physically fit to participate in this Race. For myself, my heirs, executors and administrators, I hereby waive and release all rights and claims against the Town of Alton for any and all liability in case of death or injury during participation in this race.

Signature (parent/guardian must sign for participants under 18)

Date