

**Minutes  
Alton Parks and Recreation Commission  
January 12, 2011  
A.V.A.S. Building, 7:00pm**

Members Present: William Lionetta, Gerry Theodora, and Steve Renner.

Staff Present: Kellie Troendle

***Call To Order***

The Meeting was called to order at 7:12pm.

***Approval of Agenda***

W. Lionetta made a motion to approve the Agenda as amended; motion was seconded by S. Renner and passed.

***Approval of Minutes December 1, 2010***

S. Renner made a motion to approve the Minutes of December 1, 2010 as written; motion was seconded by G. Theodora and passed.

***Old Business***

Winter Programs- The Commission discussed the option of outdoor winter programs at Gunstock Ski Area and recommended sponsoring the Saturday Night Ridge Tour that included a ride up the lift and snowshoeing across the ridge with a decent to the main lodge area for \$20 and \$5 for rentals for a group of 6 or more. Other programs discussed were a daytime snowshoe hike during a weekday morning and full moon snow shoe hikes in February and March.

Winter Carnival- The Winter Carnival date is Sunday, February 20, 2011. The Parks and Recreation Department will sponsor the DJ, Scavenger Hunt and Great Alton Bay Bed Race. Sponsoring a winter triathlon was discussed and maintenance/logistic concerns were brought up that may make that event challenging to conduct. A site visit to a triathlon was suggested for greater understanding of the logistics involved.

***New Business***

Recreation Trends Report- K. Troendle reported that the following are current recreation programming trends which is reflective of data obtained in the 2010 Census: (1) C25k.com- Couch to 5K- Commitment to run 3miles for participants that need motivation/ help with a fitness plan. The program is geared toward beginners with a

successful outcome of participating in a 5K Race; (2) Adventure Travel Packages; (3) Long Boarding; (4) Hoola Hooping & Ropics; (5) Mix, Switch and Combine Cardio Classes- Koga, Piloxing; (6) Zumba-Aqua Zumba, Zumba Gold; (7) Baby Boot Camp; (8) Adult Recess- Kickball, Wiffleball, Dodgeball; (9) Outdoor Laser Tag- Halo, Black Ops; (10) The Wii and the Senior Citizen- Bowling League; (11) The Singing Phenomenon- Glee, Singing Class; (12) Singing Seniors; (13) Other- Football 101; Lunar Kayaking; BBQ Cooking Class; Voice Over Training; EBay user class.

1/2 Marathon Water Station Theme- The 1/2 Marathon is May 7, 2011 in Alton Bay. The Commission discussed the water station location, theme and suggestions for improvements. It was noted that signs could be made to indicate water and Gatorade; and to bring the following items: big cooler, plywood for making tier water cup levels and bathroom station location/sign. The Commission stated the station would require 6 people at a minimum and 8-10 would be better. The Commission will think of a theme.

Summer Programs- The Commission discussed program ideas for the summer of 2011 and noted the following suggestions: Moonlight Kayak; Sailing Lessons; Fishing Clinic/Lessons- Instructional with weekly topics for kids and adults.

### *Adjournment*

G. Theodora made a motion to adjourn the meeting at 8:25pm; motion was seconded by S. Renner and passed. **The next meeting is scheduled for Wednesday, February 16, 2011 at 7:15pm at AVAS.**

*Respectfully submitted,*

*Kellie Troendle, Certified Park and Recreation Professional  
Parks and Recreation Director*